Summer School of Addiction Studies  
Monday, July 6 – Saturday, July 11

2015 SSAS HANDBOOK

I. General Information

Administrative Information
The Summer School of Addiction Studies (SSAS) will be held at:

The Heldrich Hotel and Conference Center
10 Livingston Ave
New Brunswick, NJ 08901
732-729-4670

The Rutgers Center of Alcohol Studies, Education & Training Division, will be operating out of office space at The Heldrich for the duration of the event and will be available while SSAS events are running.

- SSAS Office (signage will be posted around The Heldrich with the exact location of the office)
- SSAS Desk (Outside the Merchant Amphitheatre on the second floor)

If you require assistance after hours, the hotel desk will be available 24 hours a day.

Registration

- Official registration is from 8:00 AM - 10:30 AM on Monday, July 6th in the hotel lobby Early arrivals may be accepted, but must first contact our office. Late arrivals after 10:30 AM on Monday may still report to registration desk in lobby.
- Educational programming begins Monday at 9:45 AM. Students are encouraged to register before then to ensure they receive credit for all educational opportunities.
- Students MUST pay any remaining balance at this time (cash, check, credit/debit card accepted) in order to participate in the 2015 SSAS.
- Those arriving late (Tuesday) should notify the office with their expected arrival time. Once they have arrived, they must report to the SSAS Desk to check-in.
Travel
ALL SSAS events will be located at The Heldrich Hotel and Conference Center.

- **Automobile:** The Heldrich is located in downtown New Brunswick, one mile from Rutgers College Ave Student Center. Parking is available in the nearby parking deck. See the Parking section for more details.
- **Train:** The New Brunswick Train Station lies on the NJ Transit Northeast Corridor Line, a ten minute walk from the hotel.
  - Those traveling from New York or Newark Penn Station should board a southbound train towards Trenton on the Northeast Corridor line.
  - Those traveling from the Philadelphia area or other southern areas will want to board (or transfer to) a northbound NJ Transit train on the Northeast Corridor towards New.
  - Not all Northeast Corridor trains stop at New Brunswick. Please be sure to check the schedule at http://www.njtransit.com (New Brunswick Stop on the Northeast Corridor Line)
- **Flying:** Newark Liberty International Airport (EWR), located in Newark NJ, is the closest airport to New Brunswick. From here, attendees may rent a car, hire a car service, or travel by train.
  - The AirTrain Service will allow you to transfer to the Northeast Corridor Line (see directions above). If you wish to take a cab directly from the airport, the fare should range from $55-$65 dollars depending on traffic.

Parking
Complimentary on-site parking is available for all registrants located at:

**Morris Street Deck Self-Parking**
70 New Street
New Brunswick, NJ 08901

- The parking garage is located behind the hotel, across the street.
- Parking will be validated for free by the hotel, but those commuting will need to validate their parking at the front desk daily.
- Please remember to validate your parking. We **WILL NOT** reimburse any parking fees you pay, including valet parking and paying at the ticket booth.
- Valet parking is **NOT** free, but is available.

Housing
- Room check-in and check-out will be handled by The Heldrich front desk, but the actual payment of the room will be handled at the SSAS registration table.
- For any questions and concerns, you may reach the front desk directly by dialing 732-729-4670 and dialing 0 when prompted. You may reach the front desk from your room phones by simply dialing 0.
- Daily housekeeping will be available for all rooms.
- All rooms come equipped with television, internet access, phone access, irons, and safes.
**Internet Access and Business Center**

- The Heldrich provides wireless high speed internet access throughout the entire building (Including all hotel rooms). Specific information for getting connected will be provided at registration.
- Participants will have access to computers in the Business Center, located on the second floor next to the concierge desk. Note that printing is available for a fee.

**Meals**

- Meals will be available throughout the week at The Heldrich Hotel and Conference Center.
- **ALL students** who registered for the full week are provided with the following meals:
  - Continental Breakfast and Lunch - Monday through Saturday.
  - Opening Plenary Dinner – Monday, located in Christopher’s Restaurant.
  - Community Dinner Picnic – Tuesday, located in the Livingston Ballroom.

- Students **STAYING** at The Heldrich are provided additional meals:
  - Hot Breakfast - Tuesday through Saturday, located in Christopher’s Restaurant
  - Dinner - Tuesday through Friday, located in Christopher’s Restaurant

*Note: Commuters have the option to have dinner at Christopher’s Restaurant if they choose – a per night fee will be charged and paid on-site.*

**Medical Care**

The nearest hospital is Robert Wood Johnson University Hospital, located at:

**Robert Wood Johnson University Hospital**
1 Robert Wood Johnson Pl
New Brunswick, NJ 08901

It is walking distance of The Heldrich. Please contact a staff member if you are in need of medical help.

**Recreational Activities**

- Yoga is available from 6:45 AM to 7:45 AM Tuesday, July 7 – Friday, July 10. (The start time may vary, please be sure to check the SSAS daily schedule).
- Access to the hotel gym is included for all hotel guests.
- A running path is included in the “Schedule and Maps” section of your packet.
- **CrossFit** - Phoenix Multisport, an innovative peer-facilitated program, will be holding a special CrossFit event to complement their lecture on Thursday, July 9th at 6:45 PM.
  - Please see posted schedules for exact time/location of event.
  - This activity will be highly active; appropriate footwear is strongly recommended.
**Group Photo**
On Wednesday July 8, a photographer will take a group photo of the 2015 SSAS class in the hotel’s courtyard (rain location: Livingston Ballroom). We ask that everyone be present. Students will receive a copy of the photo at checkout – please check the bulletin board for the exact time.

**Check-Out Information**
- Check-out from the hotel will begin Saturday, July 11\(^{th}\) at the front desk.
- SSAS will offer a free luggage check service on Monday and Saturday for hotel guests who need to stow their luggage before check-in and after check-out.
- Attendance at classes Saturday morning is mandatory
- Certificates will be issued at the closing session held at Noon

**II. Courses and Educational Experiences**

**General Information**
- All students are required to attend sessions in order to receive continuing education.
- Students will be required to sign in at week long classes and scan name badges during lectures

**Name Tag**
- Each registered participant will be given a name tag printed with a unique barcode. The barcode will be used to scan into each educational opportunity for attendance and credit. Those who do not scan will not be given credit for attending.
- If there is an issue with your name tag (mis-spelled or lost), please inform a SSAS staff member and we will replace the tag. You will not lose your attendance information.
Continuing Education

Certified Counselor: Rutgers Center of Alcohol Studies is an NBCC-Approved Continuing Education Provider (ACEP) and may offer NBCC-Approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. ACEP #6619. NBCC approved courses qualify for CACD/LCADC recertification in NJ.

Drug & Alcohol Counselors:

1. Rutgers Center of Alcohol Studies is an NAADAC-Approved Education Provider. Rutgers Center of Alcohol Studies meets nationally approved standards of education developed for the alcoholism and drug abuse counseling field. Program participants are assured that the contact hours or CEUs provided will be accepted toward national credentialing by the NAADAC Certification Commission. Approval #124.

2. Certain courses are approved for renewal (recertification) credits by the Addiction Professionals Certification Board of NJ, Inc. Rutgers Center of Alcohol Studies. Approval #225.

Social Worker (The New Jersey Board of Social Work Examiners): This program is approved for social work continuing education hours by Rutgers Center of Alcohol Studies in accordance with New Jersey administrative code 13:44G -6.4 and recognized by The New Jersey Board of Social Work Examiners. Important Notice: Social workers must provide their social work license/certification/registration number and license jurisdiction on the registration form. Approval for this program is pending by the National Association of Social Workers # 886634931-2830.

New Jersey Public Health Continuing Education Providership Program: participants who successfully complete this educational program will be awarded NJ Public Health Continuing Education Contact Hours (CEs). Rutgers Center of Alcohol Studies has been approved by the New Jersey Department of Health as a provider of New Jersey Public Health Continuing Education Contact Hours (CEs). Approval provider code: PHCE387-2013/06/03.

Department of Education: This program meets continuing education requirements for the Department of Education Certifications.
Monday, July 6: Focus Day 15 & Opening Plenary

- Educational Program begins with **Focus Day 15** at 8:00 a.m. on Monday, July 6 with registration, breakfast, and exhibits; educational programming will run from 9:45 a.m. to 4:30 p.m.
- Participants will receive up to 5 CEU hours for participation in Monday's lectures. All students must scan into all lectures to receive credit.
- All students and participants are invited to join us at the welcoming reception and keynote as we open the 2015 Summer School of Addiction Studies, beginning with a social event at 5:15 p.m. on Monday, July 6th. This is an opportunity for students to meet the faculty and their peers. There will be a buffet-style dinner at 6:00 p.m., featuring a presentation by our keynote speaker, Jacquelyn Hillios, PhD.

<table>
<thead>
<tr>
<th>Time</th>
<th>Topic</th>
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<tbody>
<tr>
<td>9:45 a.m.</td>
<td>Opening Remarks – Laura Fenster Rothschild, PsyD</td>
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<tr>
<td>10:00 a.m.</td>
<td>What is Big Marijuana? What is the Latest Data on Marijuana and Health? – Kevin Sabet, PhD</td>
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<tr>
<td>11:45 a.m.</td>
<td>What are Our Choices for Policy and What are the Pros and Cons? – Jonathan Caulkins, PhD</td>
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<tr>
<td>1:30 p.m.</td>
<td>Lunch</td>
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<td>2:45 p.m.</td>
<td>Q&amp;A with Kevin and Jonathan</td>
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<tr>
<td>3:15 p.m.</td>
<td>Pharmacology, Medical Marijuana and Synthetic Marijuana – Steven Kipnis, MD, PACP, FASAM</td>
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<tr>
<td>4:15 p.m.</td>
<td>Q&amp;A with Steven and Kevin</td>
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<tr>
<td>5:15 p.m.</td>
<td>Pre-Reception Social Event</td>
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<tr>
<td>6:00 p.m.</td>
<td>Dinner and Plenary with Keynote Speaker Jacquelyn Hillios, PhD</td>
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*Focus Day 15 lectures will be held in the Livingston Ballroom. Follow posted signage.*

Tuesday, July 8th – Saturday, July 11th Schedule

<table>
<thead>
<tr>
<th>Course/Activity</th>
<th>CEU Hours</th>
<th>TUE–FRI Time</th>
<th>Saturday Time</th>
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<tbody>
<tr>
<td>Course Session 1</td>
<td>10</td>
<td>8:15 a.m. – 10:15 a.m.</td>
<td>8:15 AM – 10:00 AM</td>
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<tr>
<td>Course Session 2</td>
<td>10</td>
<td>10:30 a.m. – 12:30 a.m.</td>
<td>10:15 AM – 12:00 Noon</td>
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<tr>
<td>Scaife Medical Students</td>
<td>N/A</td>
<td>8:15 a.m. – 12:30 a.m.</td>
<td>8:15 – 12:00 Noon</td>
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<tr>
<td>Table Talks</td>
<td>1</td>
<td>12:45 p.m. – 1:45 p.m.</td>
<td></td>
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<tr>
<td>Lecture 1</td>
<td>1</td>
<td>1:45 p.m. – 2:45 p.m.</td>
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<tr>
<td>Lecture 2</td>
<td>1</td>
<td>3:00 p.m. – 4:00 p.m.</td>
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<tr>
<td>Lecture 3</td>
<td>1</td>
<td>4:15 p.m. – 5:15 p.m.</td>
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<tr>
<td>Evening Educational Experiences</td>
<td>1–3</td>
<td>6:45 p.m. – 9:00 p.m. (Check Daily Schedule)</td>
<td></td>
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Table Talks: Lunchtime Facilitated Discussions

- Tuesday – Friday, instructors will host special discussion sessions, at designated tables, over lunch in Christopher's Restaurant on current, special-interest topics in the field.
- Lunchtime learning discussions provide an opportunity for students to engage in dialogue around their learning experiences and further develop understanding of evidence-supported practices.
- Participants will be awarded 1 CEU hour for each faculty-lead group they attend.
- Topics will be posted on the main bulletin board and outside the restaurant.

Lecture Series and Evening Educational Experiences

- The Lecture Series is a great way to gain education on a variety of topics in addition to your coursework. All lectures are taught by engaging public speakers who are experts in the field of Addiction Studies.
- The Lecture Series will run in the afternoons, Tuesday – Friday, beginning at 1:45 p.m. Most timeslots will have multiple lectures available.
- Each lecture awards 1 CEU hour (each lecture slot is one hour long). Students may not receive credit for multiple lectures running concurrently.
- Credit will ONLY be given to students who scan in to each lecture.
- A complete listing of all lectures and evening educational experiences can be found in the Lecture Series tab.

Closing Session and Certificates

- Closing session will begin at 12:00 Noon – in the amphitheater. All students are expected to attend the closing session in order to receive their certificates. We are unable to disseminate certificates before the closing session.
- Following the closing session, lunch will be served in Christopher’s Restaurant.
- Certificates will contain all Continuing Education Units (and hours) that participants have received throughout the weeklong session, including lunchtime discussions, workshops, and lectures.